CIRA CASE OF THE MONTH

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Case Courtesy of Drs. Simon Bradette,
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- 20 year old male, no past medical history
- Presented to the ER with a 5-day history of melena and extreme fatigue
- Physical exam notable for
 - Pallor and tachycardia
 - Blood on rectal digital exam
 - Right abdominal mass (10 cm)
- On admission, patient was anemic
 - Hgb = 55 g/L
 - Hct = 17%
- Gastroscopy and abdominal CT were performed



Abdominal CT Angiography





- Gastroscopy
 - Important extrinsic duodenal compression
 - No invasion
 - No ulcer, no active bleeding
- Abdominal CT angiography
 - Right retroperitoneal mass (8 x 8 x 12 cm)
 - Necrotic with peripheral enhancement
 - Compression of the duodenum and IVC
 - Five hepatic lesions, largest in the left hepatic lobe (8 cm)
 - Necrotic with peripheral enhancement
 - Countless necrotic pulmonary nodules < 2.5 cm
 - No contrast extravasation



- Testicular ultrasound
 - Heterogeneous right testicular mass (6 x 7 x 6 cm)
- Diagnosis of metastatic testicular cancer established (stage IIIc NSGCT)
- Poor prognosis
 - Elevated tumour markers (AFP, β-hCG, LDH)
 - Non-pulmonary metastases



- Immediate transfer to an oncology center
 - Cisplatin, etoposide and bleomycin
- After 7 days of chemotherapy, recurrence of melena requiring blood transfusions
- Gastroscopy was repeated
 - Active arterial-like bleeding from the necrotic adenopathy ulcerating through the duodenum
 - No endoscopic treatment attempted except epinephrine injection
 - A clip was placed near the bleeding site
- Patient sent to interventional radiology for embolization



Procedure

- Right femoral approach
- Severe stenosis of the celiac artery was demonstrated
 - Median arcuate ligament syndrome?

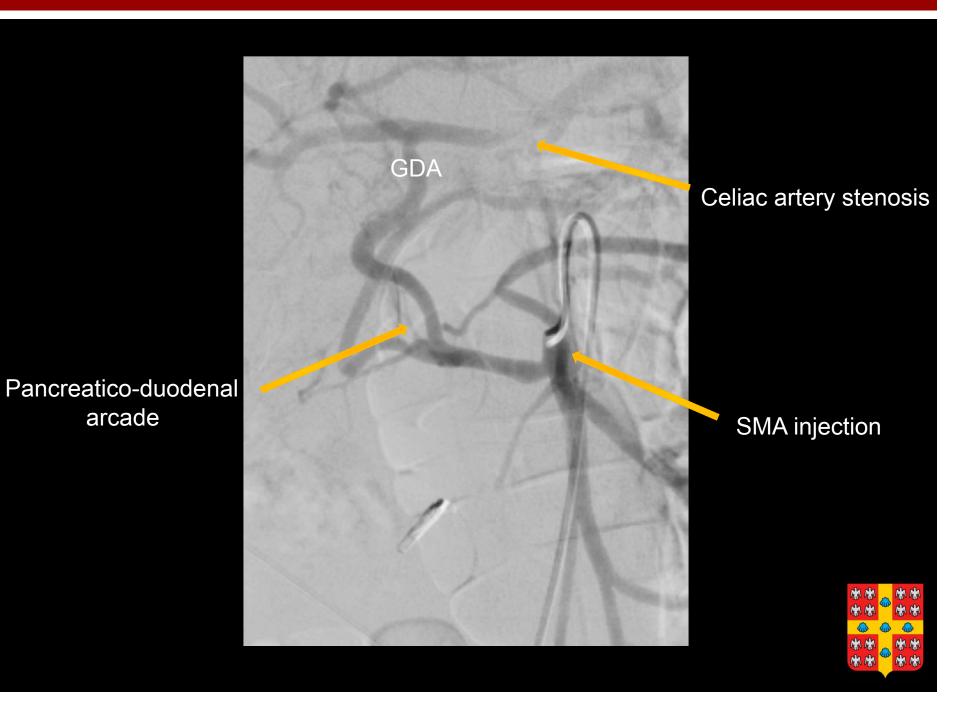
The origin of the superior mesenteric artery was

catheterized

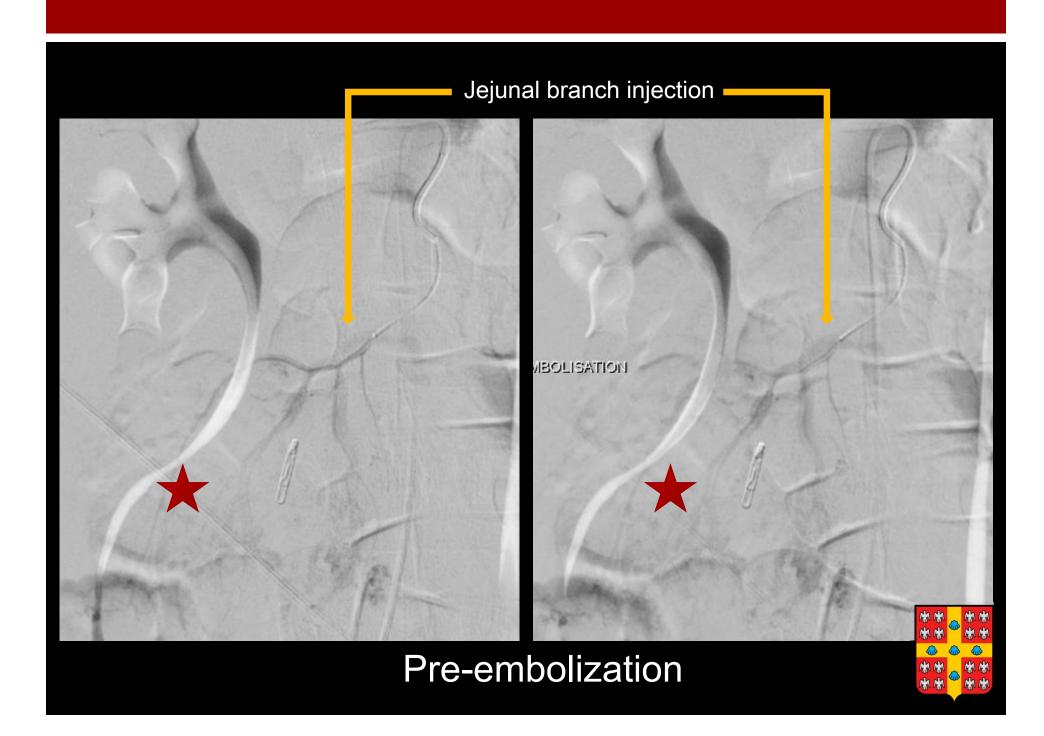








arcade



Procedure

- Hypervascular adenopathy with early venous return were noted
 - Near the presumed bleeding site
 - Probably originating from a jejunal branch
- There was no active contrast extravasation
 - Despite superselective catheterization of the jejunal branch
- Embolization with particles
 - Knowing the risk of intestinal ischemia
 - 700 and 900 µm Embozene particles were used
 - Good angiographic result





Post-embolization



Post-Procedure Clinical Course

- Favorable clinical course
 - No sign of mesenteric ischemia or perforation
 - No recurrence of bleeding
 - Hgb stabilizes and increases (70 → 85)
 - Transfusions no longer needed
- Chemotherapy is continued





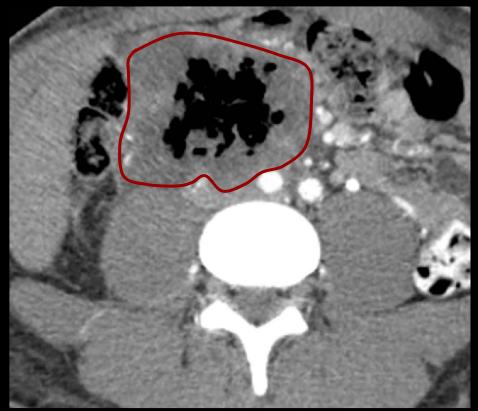
Clinical Course

- 16 days post-embolization, patient develops signs of sepsis
 - Fever (T = 39.4°C), thrills
 - HR 140 bpm, BP 112/60 → 90/40
 - WBC 12
- He is transferred to ICU where he is stabilized and receives antibiotics
- Abdominal CT angiography
 - Regression in size and peripheral vascularity of the retroperitoneal adenopathy
 - Free air within the adenopathy
 - Fistula identified between the duodenum (D2) and the adenopathy

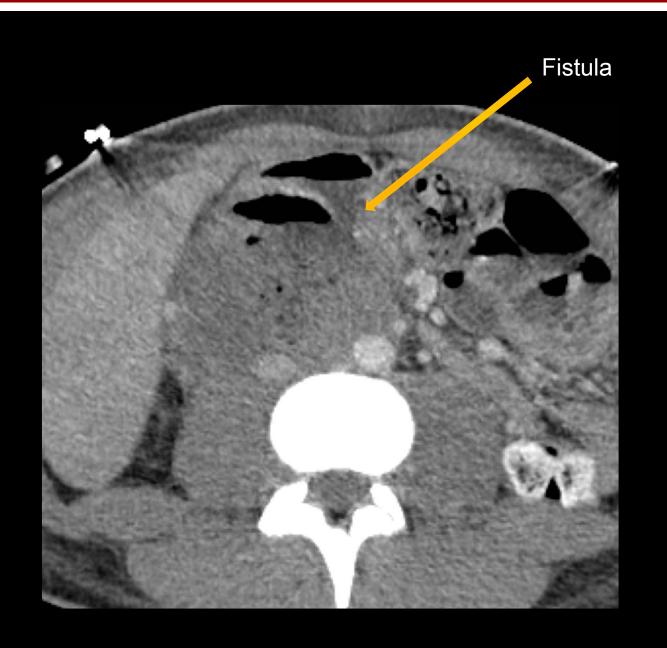






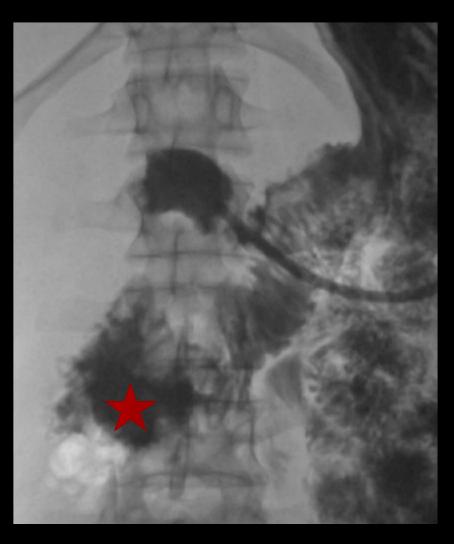


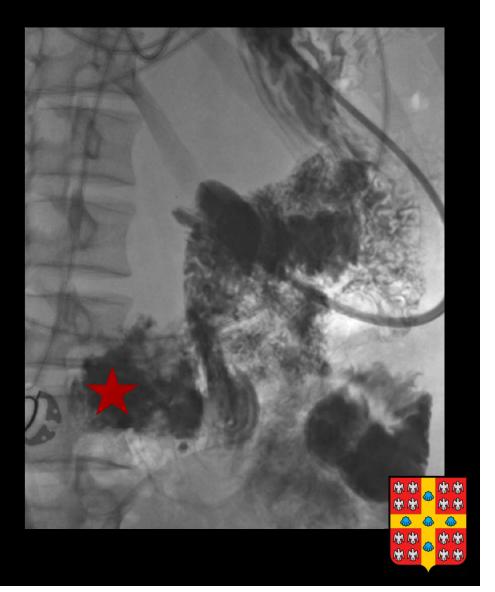






Upper GI Series





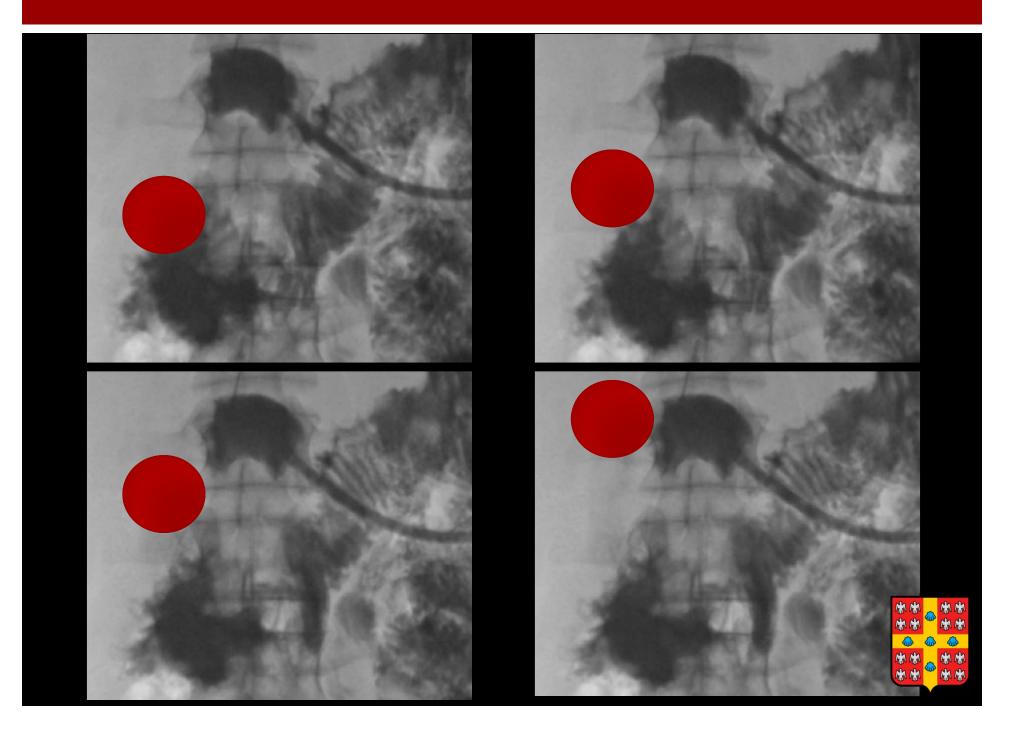
Upper GI Series

- Confirms the presence of a fistula between the duodenum (D2) and the retroperitoneal adenopathy
- However, the exam also shows...

...a fistula between the retroperitoneal adenopathy and the IVC







What can be done?

- Basically 2 options
 - Cessation of chemotherapy for immediate vascular surgery
 - Continuation of chemotherapy with temporary non-invasive management of the duodeno-caval fistula
- What can IR offer as a "bridging" treatment?
 - IVC stent-graft placement
 - Other options?
- Once more, patient sent to interventional radiology...



IVC Stent-Graft Placement

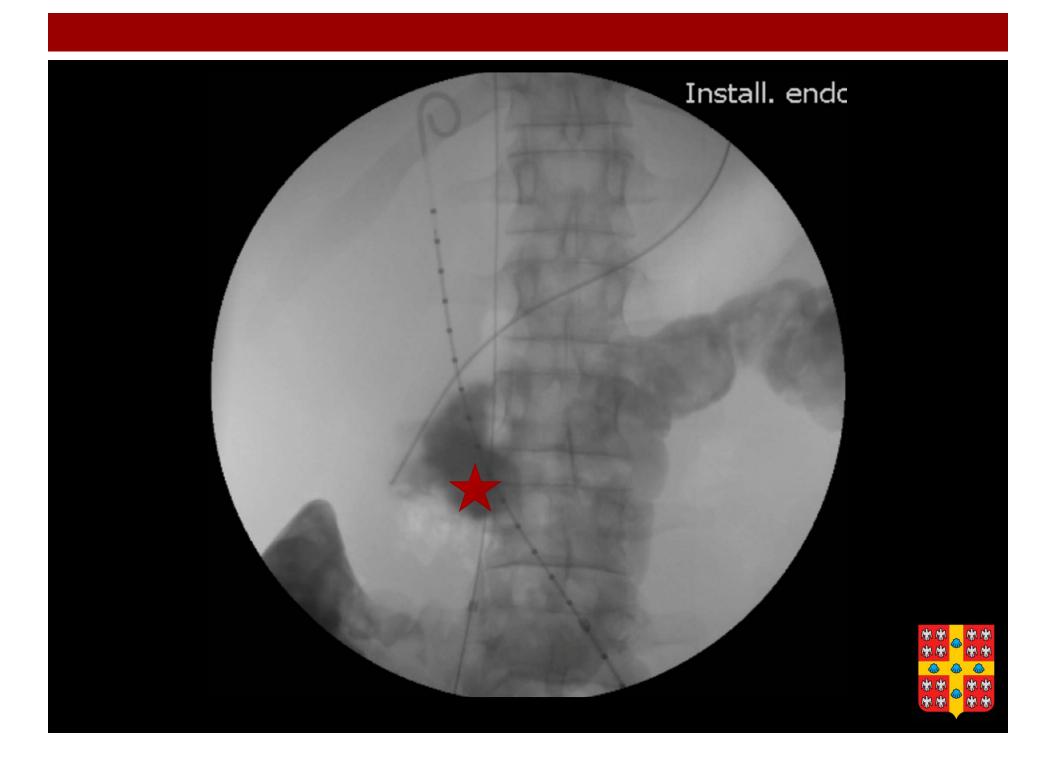
- Left femoral approach for cavography, which allowed
 - Identification of the renal veins
 - Measurement of the diameter of the IVC (25 mm)

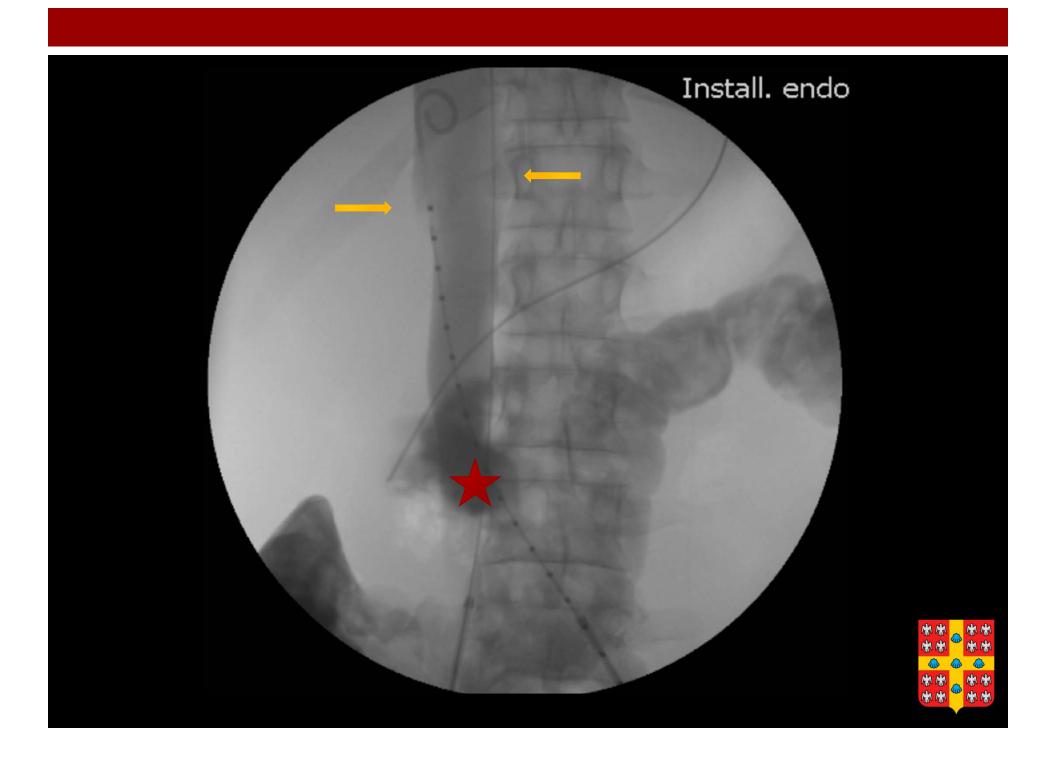
Right femoral approach for stent deployment

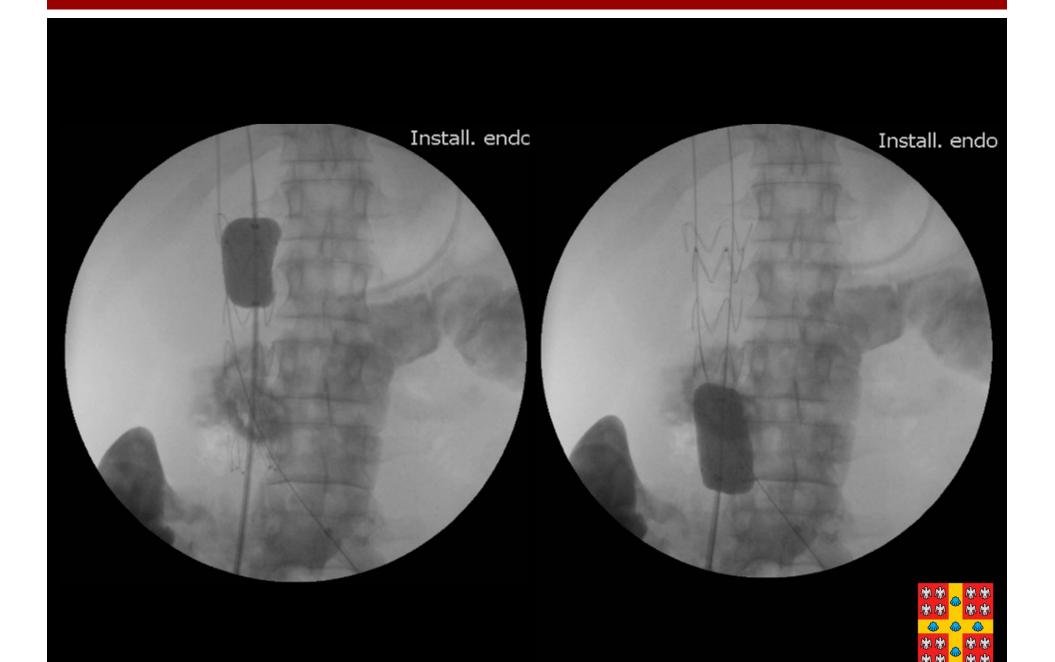
- Surgical dissection
- 16 F introducer sheath
- Stent-graft
 - Zenith alpha
 - 28 mm (d) x 109 mm (l)
 - Covered upper end: immediately under the lowest renal vein
 - Lower end: 2 cm above the iliac veins
 - Covers the presumed site of the fistula
 - Minimal fixation (barbs) but no extremity hooks

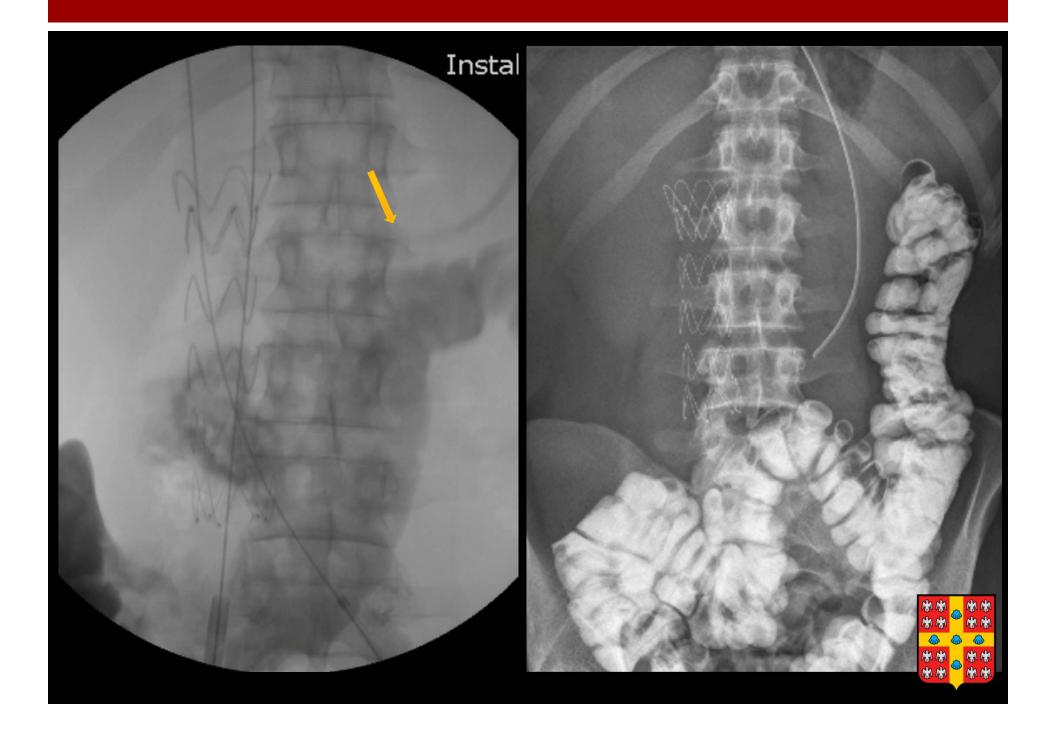












Post-Procedure Clinical Course

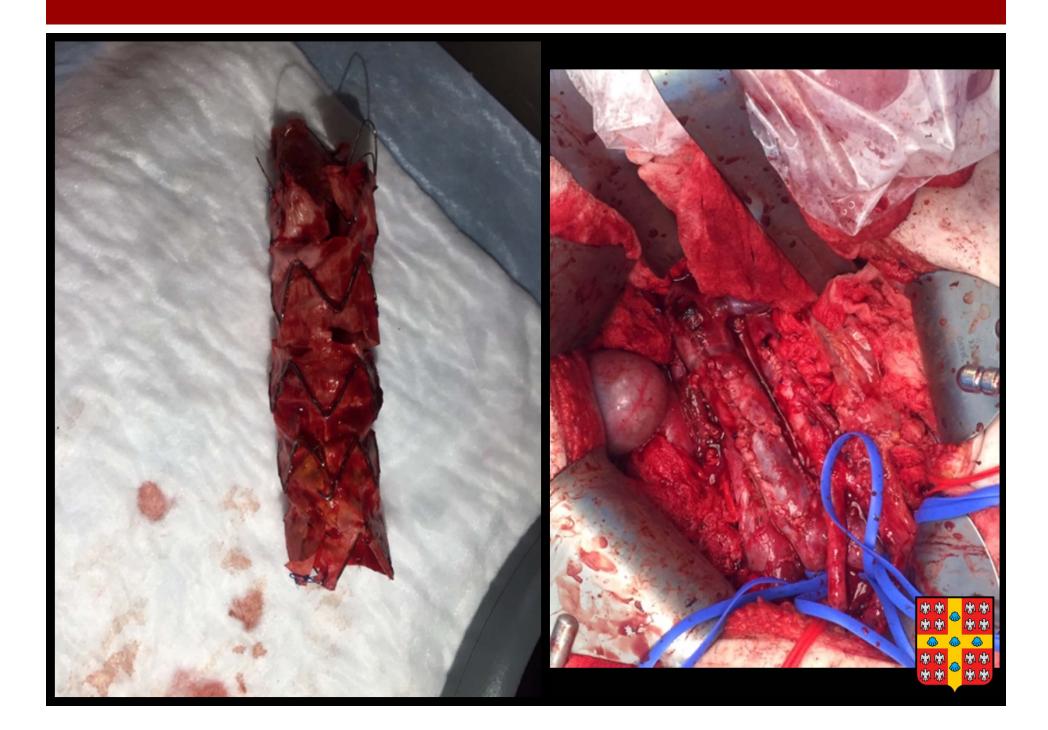
- Favorable clinical course
 - No recurrence of fever
 - Normalization of WBC's
 - Sepsis is controlled
- Long-term antibiotic therapy and parenteral nutrition
 - Meropenem/vancomycin/fluconazole
- Chemotherapy is continued
- But IVC stent-graft considered "infected"
 - Risk of abscess and septic thrombosis





Clinical Course

- Completion of chemotherapy (4 cycles, >2 months)
 - Excellent response
 - Normalization of tumour markers
 - PET scan: regression in size and activity of the retroperitoneal mass (but small faint residual hypermetabolic focus)
- Surgery 1 month after completion of chemotherapy
 - Stent-graft explantation and IVC angioplasty (with right superficial femoral vein graft)
 - Retroperitoneal lymphadenectomy
 - Duodeno-caval fistula repair (primary closure, no resection necessary)
 - Partial left hepatectomy (dominant liver metastasis in segments II-III)
 - Right orchiectomy





Vascular-Enteric Fistula

- Aorto-enteric fistula
 - Well known rare complication of AAA repair
 - Surgical repair is the definitive treatment (standard of care)
 - Endovascular management using stent-grafts is emerging in the literature as a bridging treatment
 - Safe and effective according to a few case reports and small series¹
- Entero-caval fistula
 - Very rare complication of perforated duodenal ulcer or retroperitoneal surgery and radiotherapy
 - 35 cases reported in the literature²
 - Surgical repair is the only treatment reported
 - Nothing on endovascular management



Vena Cava Stenting

- Superior Vena Cava stent-graft implantation
 - Has been used successfully for years (first case in 1986) mainly for the treatment of superior vena cava syndrome (SVCS)
 - Safe and effective^{3,4}
 - Technical success >95%
 - Clinical success >80%
 - Mortality/major complications <4%
- Inferior Vena Cava stent-graft implantation
 - A few reported cases in the literature^{5,6,7}
 - Indications
 - Traumatic injury (control hemorrhage)
 - Aneurysm
 - Aorto-caval fistula (type II endoleak)
 - No reported case of IVC stenting in the treatment of entero-caval fistula



IVC Stenting

- Like any venous endografting, IVC stenting poses many challenges
- Stent migration is a major concern because the size of the IVC varies according to the hemodynamic status
 - Oversizing (20 %)
 - Distal active fixation (hooks and barbs) can been used with caution
- Other complications
 - Venous tears
 - Thrombosis (long-term patency?)
 - Side branch occlusion



Take-Home Messages

- In cases of vascular-enteric fistula, endovascular management using stent-grafts can be used as a bridging treatment to surgical repair
- IVC stenting is challenging
- Risk of stent migration may be minimized by oversizing
- Distal active fixation (with hooks or barbs) must be used with caution



References

- 1. Brountzos E, Vasdekis S, Kostopanagiotou G, et al. Endovascular treatment of a bleeding secondary aorto-enteric fistula, a case report with 1-year follow-up. Cardiovasc Intervent Radiol. 2007;30:1037-41.
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- 3. Nagata T, Makutani S, Uchida H, et al. Follow-up results of 71 patients undergoing metallic stent placement for the treatment of a malignant obstruction of the superior vena cava. Cardiovasc Intervent Radiol. 2007;30:959–967.
- 4. Nguyen NP, Borok TL, Welsh J, Vinh-Hung V. Safety and effectiveness of vascular endoprothesis for malignant inferior vena cava syndrome. Thorax. 2009;64(2):174-8.
- 5. Castelli P, Caronno R, Piffaretti G, et al. Emergency endovascular repair for traumatic injury of the inferior vena cava. Eur J Cardiothorac Surg. 2005;28:906-8.
- 6. Falkowski A, Wiernicki I. Stent-graft implantation to treat an inferior vena cava aneurysm. J Endovasc Ther. 2013;20:714-7.
- 7. Melas N, Saratzis A, Saratzis N, et al. Inferior vena cava stent-graft placement to treat endoleak associated with an aortocaval fistula. J Endovasc Ther. 2011;18:250-4.