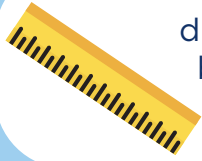


# GENERAL RADIATION SAFETY

## KEEP RADIATION ALARA



Keep your distance from the beam and from the patient when possible



Narrow the beam and restrict the field of view



Reduce time using radiation - lower frame rates and use pulsed fluoroscopy



## PROTECT FROM THE RADIATION



Use leads glasses to decrease risk of cataracts

Use thyroid shields for radiation-sensitive organs

Wear lead aprons to protect the body

Stay behind a radiation protection shield when possible



## TRACK THE RADIATION

Wear another dosimeter (a ring) at your extremities

Wear a dosimeter on your collar

Stay under the Ministry of Labour safety levels

Wear a third dosimeter underneath your lead to track body exposure

